



Friday, Sept. 11, 2009

Stub Lounge, Luther Seminary

7:30 to 9:30 PM

Members: \$15; Non-Members \$20; Students \$10

Lecture: LIVING IN THE BORDERLAND: HEALING THE SPLIT BETWEEN PSYCHE & NATURE

Jerome Bernstein, Jungian Analyst

Shortly before his death, Carl Jung wrote, "Through scientific understanding our world has become dehumanized...[Man's] immediate communication with nature is gone for ever...."

Jerome S. Bernstein, Jungian Analyst, will discuss his theory that the Western psyche's immediate communication with nature is not "gone for ever," as Jung asserted, but is being reconnected to nature as an evolutionary compensation in the name of protection from species suicide. One by-product of this evolutionary process is what he calls Borderland consciousness. There are many people whose experience of reality is outside the mainstream of Western culture. Often they see themselves as abnormal because they have no articulated frame of reference for their experience. The concept of the borderland personality explains much of their experience. With this new consciousness comes implications for how we define reality, for differentiating the pathological from the sacred, for clinical diagnosis and treatment, and for bridging the mind-body split. And it has implications for us all if, as Bernstein suggests, Borderland consciousness will be the prevalent consciousness by the end of the current century.

Although he came to discover the Borderland personality and Borderland consciousness in his clinical practice, increasingly its prevalence in the culture as a whole is becoming more evident. If, as Jung observed, "our world has become dehumanized through [its] scientific understanding," perhaps our salvation as a species rests on a different kind of understanding or consciousness.

Jerome S. Bernstein is a Jungian Analyst who has been in private practice for over 35 years, the last 17 of which have been in Santa Fe, New Mexico. He is past-President of the C.G. Jung Institute of Santa Fe, the C. G. Jung Analysts Association of the Greater Washington, D.C. Metropolitan Area, and past-Vice President of the New York Association for Analytical Psychology, of which he is a graduate (1980). He has had a thirty year relationship with the Navajo and Hopi cultures. He is the author of Power and Politics: The Psychology of Soviet-American Partnership (Shambhala, 1989); Living in the Borderland: The Evolution of Consciousness and the Challenge of Healing Trauma (Routledge: 2005); and Co-Editor with Philip Deloria of C.G. Jung and the Sioux Traditions, by Vine Deloria, Jr. (Springs Journal Books: 2009), as well as dozens of articles on clinical issues and on the collective unconscious as manifest in the world. He is married, has two sons, three grandchildren and Lola, his dog.

October 2, 2009

Northwestern Auditorium, Luther Seminary

7:30 to 9:30 PM

Members: \$15; Non-Members \$20; Students \$10

Pre-Registration Recommended

Lecture: EMBODIED INTELLIGENCE IN DREAMING, MEMORY, AND CREATIVE IMAGINATION

Robert Bosnak, Jungian Analyst

Building on his recent book Embodiment: Creative Imagination in Medicine, Art and Travel, Robert Bosnak will explore the ways in which images in dreams and flashback memories present themselves as quasi-physical environments in which we unexpectedly find ourselves. These dreamed environments and their inhabitants behave in an apparently intelligent fashion.

The craft of embodied imagination is to create an interaction between waking intelligence and the embodied intelligences encountering us in the creative imagination of dreaming, memory, and art. Using the innovative techniques developed by the practitioners of embodied imagination, participants will be given demonstrations of the work and practical exercises to learn for themselves.

A presentation of theory ranging from phenomenology, alchemy, neuroscience of memory, and complexity theory to the works of C.G. Jung, Henry Corbin, and sense memory techniques in theater, will be woven in throughout. Participants will learn to use the hypnagogic state of consciousness to facilitate flashbacks giving direct access to dreaming and memory.

Saturday, Oct. 3, 2009

Stub Lounge, Luther Seminary

9:00 PM to 4:00 PM

Members \$75; Non-Members \$90; Students \$50

Workshop: Continuation of EMBODIED INTELLIGENCE IN DREAMING, MEMORY, AND CREATIVE IMAGINATION

Robert Bosnak, Jungian Analyst

Robert Bosnak, PsyA, is a Jungian psychoanalyst who studied in Zurich at the C.G. Jung Institute. Robert trains therapists, actors and other artists worldwide in the embodied imagination method he developed, which is based on the work of Jung, Hillman, Corbin, and Stanislavski. Robert's methods have been used as a rehearsal technique by many theater companies, including the Royal Shakespeare Company in Stratford. In 1977 he co-founded cyberdreamwork.com, the first interactive site for real-time voice and video work with imagery. In 2006 the International Society for Embodied Imagination was founded in Guangzhou, China. He co-organized, with Pacifica Graduate Institute, the 2007 conference on Imagination and Medicine, which was aimed towards the establishment of an integrative medical healing sanctuary in Santa Barbara. Proceedings from the conference were recently published by Spring Journal Books as Imagination & Medicine: The Future of Healing in an Age of Neuroscience. His latest book, Embodiment: Creative Imagination in Medicine, Art and Travel was published by Routledge in 2007. He is the past-president of the International Association for the Study of Dreams (www.asdreams.org)

Friday, October 30, 2009
Stub Lounge, Luther Seminary
7:15 to 9:30 PM

Members \$5.00; Non-Members \$7.00; First-timers free

Lecture: Psychological Type and Individuation: The Dominant-Inferior Dynamic

Katherine Hirsh, D.Phil.

As a type practitioner and coach one of my overarching goals is to lead people from a static view of their personality to a richer and deeper view of themselves as unfolding, developing individuals. That is, assisting people in moving from the idea that their four-letter type code is an endpoint, to the view that it is the starting point for the amazing journey that is individuation. One key to this more nuanced understanding of type is the notion that a significant driver in the development process is the dynamic tension between each of the Function-Attitudes and its opposite (e.g., Extraverted Sensing and Introverted Intuition) and in particular between what type theory refers to as the first or Dominant Function and the fourth or Inferior Function.

The power of the Dominant-Inferior dynamic stems from Jung's conceptualization of the Inferior as the gateway to the unconscious. By activating those less developed and less conscious aspects of the self in service of the Dominant, we can endeavor to shape their expression in a manner that can facilitate this energy being harnessed for growth. For example, Isabel Briggs Myers using statistics and large scale research studies - Extraverted Thinking - in service of her Introverted Feeling Dominant desire to make the world and the workplace more peaceful. Join me to experience several interactive exercises designed to help clients leverage this dynamic tension of opposites to both initiate and sustain their journey to wholeness.

Katherine W. Hirsh, D.Phil., has been involved in university teaching, faculty development/coaching, and MBTI® training for the last 19 years. She has taught at Cambridge University (UK), Cardiff University (UK), Macalester College (MN) and the University of Minnesota-Twin Cities and consulted with clients locally, nationally, and internationally.

Friday, Nov.20, 2009

Northwestern Auditorium, Luther Seminary
7:30 to 9:30 PM

Members \$15; Non-members \$20; Students \$10

Lecture: THE PSYCHODYNAMICS OF ADDICTION, TREATMENT, & RECOVERY

David Schoen, Jungian Analyst

David will present an overview of the psychodynamics of addiction, treatment, and recovery through the dual lenses of the 12 steps of AA and Jungian psychology. This overview will be based on the famous correspondence between Bill W. (co-founder of AA) and C.G.Jung (shortly before Jung's death.)

He will describe the development of a typical addiction, its true nature, the importance of Archetypal Shadow/ Archetypal Evil in the addiction process, and why the principles of the 12-steps of AA are the most effective treatment approach in addressing addiction.

This lecture would of interest to individuals interested in Jungian psychology, alcoholism/ addiction Dynamics, 12-step recovery programs, and the existence of Archetypal Shadow and Archetypal Evil in our world. The presentation will be accessible to the general public.

Saturday, Nov. 21, 2009

Northwestern Auditorium, Luther Seminary

9:00 AM to 4 PM

Members: \$75; Non-Members \$90; Students \$50

Workshop: THE PSYCHODYNAMICS OF ADDICTION, TREATMENT, & RECOVERY

David Schoen, Jungian Analyst

The workshop will be in a discussion format continuing a more in-depth exploration of the psychodynamics of addiction treatment and recovery, including the creation of the Addiction/ Shadow Complex, the reasons why AA works, and what is involved in the healing process of the 12 steps. It will amplify the concept of the Archetypal Shadow and Archetypal Evil in myth, fairy tale, and religion in both ancient and modern times. The workshop will touch on how the "Using Dreams" of recovering alcoholics and addicted individuals can be significant in their diagnosis, treatment, and prognosis. The workshop will be of value to analysts, counselors, 12-step members and their families, as well as to the general public.

David Schoen, LCSW, MSSW, Licensed Clinical Social Worker and Certified Jungian Analyst, practices in Covington, Louisiana (north of New Orleans) with background as an alcoholism/ chemical dependency counselor. He is a senior analyst in the Inter-Regional Society of Jungian Analysts, co-founder and coordinator of the New Orleans Jungian Training Seminar, and advisor to the C.G.Jung Society of Baton Rouge. He lectures and teaches nationally, has published internationally and is a Louisiana poet. His books include Divine Tempest: The Hurricane as a Psychic Phenomenon (1998) and most recently The War of the Gods in Addiction: C.G. Jung, Alcoholics Anonymous and Archetypal Evil (2009.)

Three consecutive Saturdays in January:

January 9, 16, and 23, 2010

Stub Lounge

9:00 to 12:00 noon

Cost: \$150

Pre-Registration Recommended

Classes: ESSENTIAL CONCEPTS FOR UNDERSTANDING JUNGIAN THEORY

Judith Savage, Jungian Analyst

WHO IS THIS COURSE FOR? Students taking this course are looking to consolidate a foundational understanding of Jung, while deepening their capacity to apply these concepts to their own experience or to the practice of psychotherapy. Persons interested in joining the *Minnesota Seminar in Jungian Studies* should consider this course as preparatory to their application or in conjunction with their membership in the seminar. Members of the MJA community can use this course to gain a better understanding of MJA's numerous lectures and salons.

COURSE DESCRIPTION:

A working knowledge of Jung's fundamental concepts and theories is essential for understanding Jungian theory and the analytic endeavor. This course will review Jung's meta-psychology, with an emphasis upon capturing the complexity and dynamism of the inner world of the psyche. By describing these terms and their interrelationships, this course will strive towards an integrated view of the psyche as a whole.

CLASS ONE: THE PARTS OF THE WHOLE:

Core concepts, internal structures, and their dynamic interactions will be reviewed, including attachment and personality formation, the emergence of and relationship between the ego and the

Self, the implications of a Self psychology upon one's understanding of human nature, and concepts describing internal structures such as ego, self, shadow, persona, animus/anima, archetype, complex, etc. Topographical concepts such as consciousness, the unconscious, psychoid level, personal and the collective unconscious will also be discussed.

CLASS TWO: PSYCHE'S TOOLS

Mechanisms and processes of the psyche such as defenses, dreams, symptoms, symbol formation, differentiation/synthesis, dissociation, splitting, enantiodromia,, fantasy, inflation/deflation, identification, merger, numinosity, projective identification, neurosis and psychosis will be discussed as activities and tools of the psyche, and the negative and positive consequences.

CLASS THREE: PSYCHE'S CREATIVE DYNAMISM:

Energetic concepts such as psychic energy, libido, psychic reality, individuation, synchronicity, compensation, transference/counter-transference, projection and recollection, integration and de-integration, and transcendent function will be discussed more thoroughly and their synergistic interactions will be examined.

Throughout this series of classes, ideas will be applied to the process of creating personal meaning as it is experienced in everyday life and in the analytic relationship.

Suggested Reading:

Stein, Murray, Jung's Map of the Soul, Open Court , 1998.

Samuels, A, Shorter, B, Plaut, Fred, A Critical Dictionary of Jungian Analysis, Routledge & Kegan Paul, 1986.

Samuels, Andrew, Jung and the Post Jungian's, Routledge & Kegan Paul, 1985

Jung, CG and von Franz, Maria Louise, Man and His Symbols, Doubleday, 1964

Judith Savage, LICSW, LMFT, is a Jungian analyst in private practice in St. Paul, a licensed independent clinical social worker, and a marriage and family therapist. She has been on the Board of Directors of the Minnesota Association of Marriage and Family Therapists, an executive officer of the Inter-Regional Society of Jungian Analysts, and on the Board of the Psychoanalytic Coalition of Minnesota. She is the author of Mourning Unlived Lives: A Psychological Study of Childbearing Loss and a contributor to The Soul of Popular Culture. She is formerly the coordinator of the Minnesota Seminar in Jungian Studies and is currently its treasurer and a core faculty member.

Friday, January 29, 2010
Stub Lounge, Luther Seminary
7:30 to 9:30 PM
For Members Only
ANNUAL MEETING

Friday, February 12, 2010
Stub Lounge, Luther Seminary
7:30 to 9:30 PM
Members \$15; Non-Members \$20; Students \$10
Lecture: LAW & ORDER MEETS FREUD AND JUNG:
The Trials of Analysis
Greg Mogenson, Jungian Analyst

In a talk that he gave to a group of law students in a criminology seminar Freud characterized the task of the analyst as being “the same as the task of the judge” in that both “must discover ... hidden psychic material.” Extending the comparison he then added that psychoanalysis had “invented various methods of detection, some of which lawyers are now going to imitate.”

Speaking in a similar vein Jung described himself as having been “constantly impressed by the way the human psyche reacts to a crime committed unconsciously.” And further to this, though in very different contexts, he compared the optimal relation to the collective unconscious to “our bowing down before law and order” and the process of individuation to “an endless inner trial.”

In this lecture, the contributions of Freud and Jung to the forensic sciences will be examined in the light of the legal metaphors that each came to develop within their respective brands of psychotherapy and analysis. Brought before the bar of these metaphors and analogies, psychoanalysis and analytical psychology are shown to be disciplines of truth in the spirit of a trial or court proceeding.

About the Presenter

Greg Mogenson is a Jungian psychoanalyst practicing in London, Ontario and the Editor of The Studies in Archetypal Psychology Series of Spring Journal Books. The author of many articles in the field of analytical psychology, his books include A Most Accursed Religion: When a Trauma Becomes God; Northern Gnosis: Thor, Baldr, and the Volsungs in the Thought of Freud and Jung; The Dove in the Consulting Room: Hysteria and the Anima in Bollas and Jung; Greeting the Angels: An Imaginal View of the Mourning Process, and, (with Wolfgang Giegerich and David L. Miller) Dialectics & Analytical Psychology: The El Capitan Canyon Seminar.

Friday, February 26, 2010
7:15 to 9:30 PM
Stub Lounge, Luther Seminary
Members \$5; Non-Members \$7; First-timers free
Salon: The Jungian Roots of Sandplay Therapy
Regina Driscoll, Ph.D.

Sandplay therapy is a therapeutic technique where the client uses sand, water and hundreds of miniatures to create images. Sandplay was developed by Dora Kalff, a Swiss Jungian analyst, who was encouraged by Carl Jung to extend his psychological principles to children. Kalff first saw sandplay as an alternate to dream interpretation as a way to reveal the contents of the psyche; she then realized that the process of making the images was therapeutic in itself.

This presentation will describe the history of sandplay therapy, Kalff's relationship to Carl and Emma Jung, the principles of the sandplay therapeutic process, and how Jungian concepts such as the ego, the unconscious, the archetypes such as the shadow, the anima and animus appear in the sand. It will be illustrated with case examples of children and adults.

Regina Driscoll, Ph.D., is a Licensed Psychologist in private practice. She is past director of mental health services for the Children's Hospitals and Clinics of Minnesota, and is a founding member of the Minnesota Sandplay Therapy Group. She is a Certified Teaching Member of STA/ ISST, and has been using sandplay with children and adults since 1987.

Friday, March 19, 2010
Campus Center Boardroom, Luther Seminary
7:30 to 9:30 PM
Members \$15; Non-Members \$20; Students \$10
Lecture: **FLOOZIES, SHREWS AND INGENUES**
Virginia Apperson, Jungian Analyst

“What has become of the characteristic relation of the mother-image to the earth, darkness, the abysmal side of the bodily man with his animal passions and instinctual nature, and to ‘matter’ in general?”

-----C. G. Jung

Too often, feminine qualities get reduced to “sugar and spice and everything nice.” This watered down version of the feminine teams up with the patriarchal masculine and together the duo succeed in “remain[ing] hostile to all that is dark, unclear and ambiguous,..... [while they] cultivate and emphasize everything certain and clear and reasonable” (C.G. Jung). Jung reminds us, though, that the feminine archetype offers us *oh so much more*. BUT, because *She* can be quite the handful and because masculine qualities are much easier to apprehend, we turn our backs on *Her* and then puzzle over *Her* hysterical response. Happily, we can use film as a psychological tool to help us out of this stalemated situation.

Saturday, March 20, 2010
Stub Lounge, Luther Seminary
9:00 AM to 4:00 PM
Members \$15; Non-Members \$20; Students \$10
Workshop: **ENCOUNTERING THE FEMININE IN FILM**
Virginia Apperson, Jungian Analyst

Film introduces us to ladies (and gentlemen) that are confidently and comfortably rooted in the irreverent, outrageous and more delicate sides of the feminine archetype. It is in the darkened theatre that we witness the neglect and the potential. Our challenge, after the last credit has rolled, is to take the strengths that we’ve discovered on the big screen and incorporate them into our own lives.

Together, we will watch and discuss *Dangerous Beauty*, the story of a sixteenth century courtesan that embodies some invaluable feminine qualities. Veronica Franco shows off a feminine power that transforms the lives of many, including the viewer.

Virginia Apperson practices as a Jungian Analyst in Atlanta, Georgia where she also works with couples and leads dream groups. She recently co-authored a book with John Beebe entitled The Presence of the Feminine in Film. Ever the searcher, literature and film have always intrigued her, but it was only when she discovered C.G. Jung’s theory of archetypes that she began to understand the possibilities for growth that come from a conscious connection to stories.

Friday, March 26, 2010

7:15 to 9:30 PM

Stub Lounge, Luther Seminary

Members \$5; Non-Members \$7; First-timers free

Salon: A Night at the Movies
THE WAR OF THE WORLDS

Lyn Cowan, Jungian Analyst, Commentator

The 1953 (original) movie version of H.G. Wells' classic *War of the Worlds*, was not only a thriller sci-fi flick, it also revealed much about the culture in which it was made and about the psychic concerns, anxieties, and conscious platitudes about that culture. There are striking parallels with our time, and a still-relevant portrayal of those "aliens" who lurk in the underworld of the psyche and still come to terrify us. We might as well be terrified together, so see the movie (available at Netflix) and join us for a conversation.

Lyn Cowan, Ph.D., has been a practicing Jungian analyst since 1980, Director of Training for the Inter-Regional Society of Jungian Analysts for six years and past president of the Society, held a Professorship for ten years in the doctoral program in Clinical Psychology at Argosy University (Minneapolis). She is the author of three books: Portrait of the Blue Lady: The Character of Melancholy; Tracking the White Rabbit: A Subversive View of Modern Culture; and Masochism: A Jungian view.

Friday, April 16, 2010

7:30 to 9:30 PM

Northwestern Auditorium, Luther Seminary

Members \$15; Non-Members \$20; Students \$10

Lecture: ARCHETYPAL PSYCHOLOGY IN A NUTSHELL OR TWO

Lyn Cowan, Jungian Analyst

This lecture will look at the basic assumptions, premises, and ideas that comprise what is known as Archetypal Psychology. This approach to the psyche grew out of the thinking of James Hillman, Rafael Lopez-Pedraza, and Patricia Berry in the 1970s, but has always been rooted in Jung's theory of the archetypes and collective unconscious psyche. Comparisons, contrasts, and the significance of this perspective within Jungian psychology and for the culture at large will be discussed.

Lyn Cowan, Ph.D., has been a practicing Jungian analyst since 1980, Director of Training for the Inter-Regional Society of Jungian Analysts for six years and past president of the Society, held a Professorship for ten years in the doctoral program in Clinical Psychology at Argosy University (Minneapolis). She is the author of three books: Portrait of the Blue Lady: The Character of Melancholy; Tracking the White Rabbit: A Subversive View of Modern Culture; and Masochism: A Jungian view.

Friday, April 30, 2010

7:15 to 9:30 PM

Stub Lounge, Luther Seminary

Members \$5; Non-Members \$7; First-timers free

Salon: AN EVENING OF POETRY

Mary Ann Miller, Jungian Analyst

Mary Ann Miller, M.A., MLS, MSW, is a Zurich-trained Jungian analyst with a private practice in Minneapolis. She has been an active member of the Inter-Regional Society of Jungian Analysts since 1993, and has served as president of the Psychoanalytic Coalition of Minnesota. Her interests include the affinity between Buddhist and psychoanalytic thought, and the uses of poetry and stories for a “nonthinking,” :un-knowing” way to a clearer understanding of things. A former coordinator of the Minnesota Seminar in Jungian Studies, Mary Ann is currently its secretary and a core faculty member.

Friday, May 21, 2010

7:30 to 9:30 PM

Stub Lounge, Luther Seminary

Members \$15; Non-Members \$20; Students \$10

Lecture: A HOLE IN THE HEART: WHY WE FAIL AT LOVE

Patricia Berry, Jungian Analyst

Why is love so difficult? How do we fail it? For centuries, love has been a topic for philosophy, theology, and especially the arts. During the past century, depth psychology has weighed in as well. Yet marriages and partnerships continue to break up, and the divorce rate climbs.

Using ancient texts and a contemporary movie, as well as the insights of Archetypal Psychology, we will explore why we seem to be failing at love---and what we can do to improve the situation.

Patricia Berry, Ph.D., is a Zurich-trained Jungian analyst. She is the author of Echo's Subtle Body: A Contribution to Archetypal Psychology and numerous articles. In 1991 she was the first Scholar in Residence at Pacifica Graduate Institute of Depth Psychology in California. She lectures internationally and has served as president of the Inter-Regional Society of Jungian Analysts. Currently she has a private practice in West Bath, Maine.

Friday, May 28, 2010

7:15 to 9:30 PM

Stub Lounge, Luther Seminary

Salon: A Night at the Movies

OCTOBER SKY

Jim Michel, Jungian Analyst